



EARLY HELP EVENT UPDATES

What's happening around Trafford this month?



ENGAGE GROUP WORK

Group Sessions taking place weekly. Spaces available as follows:
1 Space in the Broomwood Group
4 Spaces Sale West and 5 in Partington.
For more information on these groups, please get in touch.



CALM CONNECTIONS

Calm Connections are running RESET21 an event to bring Trafford organisations together to support children, YP and their mental health. It will be taking place on Monday 29th November, 12-6pm at Hotel Football, Matt Busby Way, Old Trafford.



WOMENS WELLBEING EVENT

Thursday 28th October, 2021
11am to 2pm Limelight Centre,
1 St. Bride's Way, Shrewsbury Street,
Old Trafford, M16 9NW
For further information or for holding a free stall on the day contact Aliya on 07928843762 (call or text) or ring 0161 848 7018,
Email: office@voicebmet.co.uk
www.voicebmet.co.uk

TRAFFORD SPORTS YOUTH MENTORING PROGRAMME

Are you 7-16 years?
Sport based mentoring for young people at risk of engaging in offending behaviour, providing life skills, support, advice and mentoring within the community, supporting young people to make positive decisions
Referrals to be sent to: Safer.Communities@Trafford.Gov.uk

Trafford Sunrise



Are you a parent based in the Trafford area with a child aged 5-12 years?

- Would you like some advice, information, and resources to support your child?
- Do you want to meet other parents facing similar issues?

MENTAL HEALTH AND WELLBEING TRAFFORD SUNRISE PARENT WORKSHOPS NOVEMBER 2021

5-12 November Workshops

Parental Separation and Divorce Thurs 04/11/2021 5pm -6:30pm

https://us06web.zoom.us/meeting/register/tZ0tcemqqzsoG9NofWRCV9L3WuiGfcZ5hd_I

Anxiety Wed 17/11/2021 10am - 11:30am

<https://us06web.zoom.us/meeting/register/tZMkf-Gqqj8uH9VOjbYlGrbKfL99WFb-W0P4>

(Additional) Managing Change Wed 24/11/2021 10am - 11:30am

<https://us06web.zoom.us/meeting/register/tZUtf-ysqjItH9Cjv2pY9i6TrkYNBmR-0dU8>



**Trafford
Family
Information
Service**

0161 912 1053

Mon – Fri, 8:30am-5pm

fis@trafford.gov.uk

www.trafforddirectory.co.uk

Find services for Children & Families, Young People, Adults & Older People, and many more services and activities for local people living and working in Trafford on www.trafforddirectory.co.uk