

WEEK 1

MENU

w/c- 29/08, 19/09, 10/10, 31/10,
21/11, 12/12



Monday

WORLD FOOD DAY

Tuesday

STREET FOOD DAY

Wednesday

ORIGINALS DAY

Thursday

PLANET EARTH DAY

Friday

FRIDAY FAVOURITES

MAIN 1

Sausage & Onion
Gravy

Chilli Con Carne

Roast Chicken

Macaroni Cheese

Oven Baked Breaded
Pollack

Main 2

Grilled Quorn Sausage
with rich braised onion
Gravy

Vegetable Quesadilla

Roasted Quorn Fillet
& Roasted Onion and
Tomato Gravy

Shepherdess Pie

Falafel & Sweet Potato
Hummus Salad Wrap

Carbohydrates

Mashed Potato
Wholemeal Penne
Pasta

Warm Lemon Cous-Cous
or
Wholemeal Penne
Pasta

Roasted Potatoes or
Wholemeal Penne
Pasta

Dry Baked Wedges or
Wholemeal Penne
Pasta

Oven Baked Chips

Vegetables

Broccoli
Garden Peas

Garden Peas
Roasted Peppers

Fresh Glazed Carrots
Savoy Cabbage

Broccoli
Sweetcorn
Mixed Salad

Garden Peas
Baked Beans
Mixed Salad

Desserts

Chocolate and Kie
Brownie
Selection of Yoghurts

Honey Krispie Cake
Selection of Yoghurts

Peach Crumble
and Ice Cream
Selection of Yoghurts

Apple Shortbread
Fresh Fruit Wedges
Selection of Yoghurts

Mango Frozen Yoghurt
Selection of Fruit
Yoghurts

AVAILABLE DAILY:

Jacket potatoes baked onsite with
a daily choice of two toppings - Seasonal cut fruits - Mixed
salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains
one or more of the top
50 most sustainable
foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member
of staff who will be happy to assist

Bright Futures
EDUCATIONAL TRUST

Thank you for supporting the local food system

WEEK 2

MENU

w/c - 05/09, 26/09, 17/10, 07/11,
28/11



Monday

WORLD FOOD DAY

Tuesday

PLANET EARTH DAY

Wednesday

ORIGINALS DAY

Thursday

STREET FOOD DAY

Friday

FRIDAY FAVOURITES

MAIN 1

Pesto Chicken

Wholemeal Cheese &
Tomato Pizza

Roast Turkey

Pulled Chicken Burger

Oven Baked Breaded
Fish (Pollock)

Main 2

Oven Baked Vegan
Meatballs in a Tomato &
Oregano Sauce

Spinach, Potato and
Chickpea Curry

Vegetarian Sausages

Quorn Sausage Pattie
Burger

Vegetable Plait

Carbohydrates

Spaghetti or
Wholemeal Penne
Pasta

Garlic Bread, Braised
Rice

Roasted Potatoes or
Wholemeal Penne
Pasta

Boiled White and
Brown Rice or
Penne Pasta

Oven Baked Chips

Vegetables

Roasted Vegetables
Mixed Salad

Coleslaw

Garden Peas
Fresh Carrots and Swede

Broccoli Florets
Sweetcorn

Garden Peas
Carrots
Baked Beans

Desserts

Watermelon Lollies
Selection of Yoghurts

Apple Crumble and
Custard
Selection of Yoghurts

Chocolate Sponge &
Chocolate Sauce
Selection of Yoghurts

Freshly Made Vanilla
Cookie
Selection of Yoghurts

Bananas and Custard
Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with

a daily choice of two toppings - Seasonal cut fruits - Mixed
salad bar - Freshly baked breads (white or wholemeal)



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Bright Futures

EDUCATIONAL TRUST

The trust has recognised the best food everywhere

WEEK 3

MENU

w/c - 12/09, 03/10, 24/10, 14/11,
05/12



Monday

STREET FOOD DAY

Tuesday

WORLD FOOD DAY

Wednesday

ORIGINALS DAY

Thursday

PLANET EARTH DAY

Friday

FRI DAY FAVOURITES

MAIN 1

Mild Chicken Tikka

Freshly Made Burger in
a Bun

Roast Chicken

Cauliflower & Broccoli
Crunchy Cheese Bake

Oven Baked Fish
Fingers

Main 2

Vegan Potato and
White Bean Chilli

Southern Baked Quorn
Burger, Bun & Salad

Lentil Sausage Roll

Roasted Vegetable
Wholemeal Pasta Bake

Quorn Dippers

Carbohydrates

Braised Rice
or
Wholemeal Penne
Pasta

Shredded Slaw, Salad &
Dressings

Roast Potatoes or
Penne Pasta

Garlic and Parsley Bread
or Penne Pasta

Oven Baked Chips

Vegetables

Green Beans
Sweetcorn

Roasted Sweetcorn
Broccoli Florets

Roasted Carrots
Roasted Parsnips

Roasted Peppers
Garden Peas

Garden Peas
Baked Beans

Desserts

Fresh Oat and Lemon
Cookie
Selection of Yoghurts

Raspberry Jelly
Selection of Yoghurts

Chocolate Bread & Butter
Pudding
Selection of Yoghurts

Apple & Sultana
Crumble & Ice Cream
Selection of Yoghurts

Frozen Mango Sorbet
Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with
a daily choice of two toppings - Seasonal cut fruits - Mixed
salad bar - Freshly baked breads (white or wholemeal)

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Bright Futures
EDUCATIONAL TRUST

Partnership for Improving the Quality of Education

