



Acre Hall Primary School- PE Intent, Implementation, Impact



Every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that through all the sporting opportunities and physical activity we offer, children will potentially develop a love and passion for sport and continue this into their later lives.

Intent	<p>At Acre Hall Primary School, we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health.</p> <p>We intend to deliver high quality teaching and learning opportunities that inspire all children to succeed in PE. Our Curriculum underpins all of the ABC's – Agility, Balance and Coordination – that is taught and instilled across all Key Stages. By teaching Physical Literacy, children will lead a healthier lifestyle. Through our progressive curriculum, we strive to teach children to cooperate and collaborate with others as part of a team. We value an inclusive approach to PE, which endeavours to encourage not only physical development, but also mental wellbeing. Our PE curriculum strongly support our curriculum driver of 'Healthy Advocates'.</p> <p>Teachers encourage, reassure and support during every PE lesson to increase resilience, dedication, determination and confidence to succeed. Our intent is to teach all children from Reception to Year 6, the skills needed to progress within sport and physical activity. Our intention is for PE lessons to positively influence children's primary years and allow them to move into secondary and further education, with a healthy attitude towards exercise.</p>
Implementation	<p>At Acre Hall Primary School, we follow a clear and comprehensive scheme of work, which ensures the requirements of the National Curriculum are fully met through a progressive, skills based programme. Each year group will practice developmentally appropriate skills through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.</p> <p>Pupils participate in two high quality PE lessons each week, covering up to two sporting disciplines every half term. Our objective within lessons is to develop the children's physical skill, cognitive thinking and social skills.</p> <p>Throughout the year, pupils will have opportunities to develop their physical skills and will be taught to:</p> <ul style="list-style-type: none">• Develop competence to excel in a broad range of physical activities.• Be physically active for sustained periods of time.• Engage in competitive sports and activities.• Lead healthy, active lives. <p>In Early Years Foundation Stage, pupils explore and develop good control and coordination in large and small movement skills through a combination of child initiated and adult directed activities.</p> <p>They have the opportunity to learn:</p> <p><u>Moving and handling</u> - skills enabling children to show good control and coordination in large and small movements. Children are able to handle equipment and tools effectively, including pencils for writing.</p> <p><u>Health and self-care</u> - children knowing the importance of good health which includes physical exercise and a healthy diet. Children are able to manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</p> <p><u>In Key Stage 1 Pupils are taught to:</u></p> <ul style="list-style-type: none">• Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.• Participate in team games, developing simple tactics for attacking and defending.• Perform dances using simple movement patterns. <p><u>In Key Stage 2 Pupils are taught to:</u></p> <ul style="list-style-type: none">• Use running, jumping, throwing and catching in isolation and in combination.



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	<ul style="list-style-type: none"> • Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending. • Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics). • Perform dances using a range of movement patterns. • Take part in outdoor and adventurous activity challenges both individually and within a team. • Compare their performances with previous ones and demonstrate improvement to achieve their personal best. • Be safe in water. <p><u>Whole School</u></p> <ul style="list-style-type: none"> • During each day, brain breaks will support mental wellbeing and physical health. These may include Yoga, Go Noodle, The Daily Mile or 5-a-Day. • SEND children will be given the appropriate support and opportunities to achieve their potential in PE. Where appropriate, we work with outside agencies to support children. • We encourage local community groups and sports coaches to come in and promote a career in sport. • We encourage visits from local sports groups to motivate our children to join groups or teams in the community. <p>Children will be given opportunities to take part in a range of extracurricular sports and take part in competitive sport, through both intra- and inter- school sport. Playground Leaders promote physical activity during outdoor break and lunch times.</p>
Impact	<p>At Acre Hall Primary School, our children finish each Key Stage with a high proficiency in each aspect of PE. Children are aware of the link between physical activity and good mental health and understand its significance as part of a healthy lifestyle.</p> <p>Our Curriculum provides children with 2 hours of stimulating activity per week. This has an advantageous impact on their wellbeing. Children will learn about the impact and importance of “healthy body, healthy mind”. PE lessons will give children a platform and concrete understanding of how sport and exercise can – and should – be sustained throughout their lives. Our impact is therefore to motivate children to employ these underpinning skills in an independent and effective way in order to live a happy and healthy life.</p> <p>Our school achieves well in a number of sporting activities and achieved the GOLD School Games Mark (2019, 2022) (award not available in 2020/21) in recognition of its PE provision and children’s access to competitive sports. We are constantly working towards Platinum and hope to achieve this as soon as our sporting opportunities resume.</p>

**Aspirational
Learners**



**Clear
Communicators**



**Healthy
Advocates**



**Adventurers &
Explorers**



**Global
Citizens**

